June 2016

Black River Middle School

w/Cheese



Weekly Salad Specials

Week 1: Crispy Chicken Week 2: Grilled Chicken Week 3: Chef Salad Week 4: Garden Salad



NEW **Bulldog Signature Burger** **NEW**Vegetarian Jalapeno Burger w/cheddar cheese and a tangy

chipotle sauce ***New item added to the deli bar*** **Buffalo Chicken**



Cheeseburger, Hamburger & Chicken **Patty Offered Daily**

Buffalo Chicken Panini offered all month long.

NEW!....Hot Specialty Paninis DAILY!





Cheese Pizza and Pepperoni Pizza served daily **Homemade Specialty Pizzas**

Gluten Free pizza available upon request



EVERYDAY CHOICES Full Service Deli Bar Fresh made sandwiches on assorted whole grain rich rolls and wraps. Plus PB&J w/Cheese Stick



Offered Daily:

Fresh Garden THRIVE Bar with Garden Salad, Assorted Fresh Fruits and Vegetables, 100% Fruit Juice Fat free chocolate, 1%white, and skim milk



		1	2	3			
Choose MyPlate gov		French Toast w/Ham Slice Sweet Potato Fries	Chicken Nuggets w/Breadstick French Fries Chickpea Salad	Potato Skins w/Cheddar & Bacon or Cheddar & Broccoli Celery Sticks			
Pancakes w/Sausage Hash Browns	7 Popcorn Chicken Bowl Mashed Potato, Corn And Gravy	8 Nacho's Supreme Tomato Salsa Black Bean Salad	9 BBQ Rib Sub French Fries Vegetarian Baked Beans	School Closed			
Mozzarella Sticks w/Marinara Sauce Carrots	14 Roasted BBQ Chicken w/Roll French Fries and Peas	Mac & Cheese w/Roll Spinach	Nacho's Supreme Confetti Bean Salad	17 Monster Meatball Sub w/Mozzarella Stick Cauliflower Florets			
Pancakes w/Ham Slice Cross Trax Sweet Potatoes	21 Chicken Nuggets w/Roll French Fries	22 Tacos – Soft or Crispy Shell Corn Black Bean Salad	Pepperoni Bosco Sticks Three Bean Salad	24			
	ENJOY YOUR SUMMER!	Gluten free buns, sliced bread and pizza available. Please stop by the cafeteria prior to your lunch period and we will have it ready.	Menu Subject To Change	Questions – Comments Please call Nancy Rapisardi			
			Panini any deli sandwich! We have flat breads too!	or email Nancy.Rapisardi@Sodexo.com			

.